D₂F Fitness

DYNAMIC FITNESS SOLUTIONS

E-LEARNING SOLUTIONS



PRODUCT ESSENTIALS

The D2F Product Essentials e-learning package and includes modules on all of the key equipment on your gym floor, to ensure that all of your staff are adequately trained on how to safely and effectively use all of these tools.

PROGRAMME	CATEGORY	E-LEARNING MODULE
Product Essentials	Kettlebell	Kettlebell Essentials
	Battle Rope	Battle Rope Essentials
	Rig	Functional Rig Essentials
	Exercise Analysis	Exercise Analysis: Dips
	Exercise Analysis	Exercise Analysis: Step Up
	Exercise Analysis	Exercise Analysis: Pull Up
	Rig	Rig Exercises: Grappler Attachment
	Rig	Rig Exercises: Dip Bar Attachment
	Rig	Rig Exercises: Step Up Attachment
	Rig	Rig Exercises: Monkey Bars
	Suspension System	Suspension Training Essentials
	Stability Ball	Stability Ball Essentials
	Sandbag	Sandbag Essentials
	Power Rack	Power Rack Essentials
	Sled	Sled Exercises
	Cable	Cable Essentials
	Med Ball	Medicine Ball Essentials
	Foam Roller	Foam Roller Essentials
	Barbell	Barbell Essentials
	Dumbbell	Dumbbell Essentials
	Fixed Path	Fixed Path Essentials
	Combat	Punchbag Essentials

BASIC TERMS:

- All fees are exclusive of VAT and are charged on an annual licence basis.
- The D2F Product Essentials e-learning package is our foundation package, with all other packages acting as optional bolt-ons. As such optional bolt-on packages may not be purchased on their own.
- D2F may release additional modules to your licensed packages at any time, but D2F will not charge any additional fees for these.
- Fair usage based on user numbers are included within our pricing structure (please ask for more details).

