



**CRANKIT**  
FITNESS

TRAIN SMARTER,  
MOVE BETTER

## DISCOVER THE WORLD'S MOST EFFECTIVE & VERSATILE SUSPENSION TRAINING SYSTEM

- Excellent way to help members develop strength, balance, flexibility and joint stability
- Strongest straps on the market made of industrial grade polyester and nylon webbing
- Industry leading Suspension Trainer warranty
- Modular design with multiple component parts increases the number of applications compared with other suspension training products
- Portable system weighing less than 2kgs means you can run suspension training from multiple locations and increase programming and PT options
- Easily adjust intensity and tailor programming to suit all fitness levels from beginners to elite athletes
- Each set of straps includes two anchors, two adjustable straps, two handle/foot loops and six karabiners
- Available in blue or pink

The UK's appetite for suspension training is still growing. With a variety of exercises to suit a range of fitness levels, the opportunities to increase member engagement and PT revenue are enormous.

Crankit offers the strongest and most versatile suspension training solution on the market. Backed by an industry leading warranty, users can perform over 60 more exercises using Crankit than they can with competitive products.





### DOOR ANCHOR

Built in door anchor means you can train at home, in your hotel, or anywhere you have a sturdy door.

### QUICK CLIP KARABINER

New lightweight, sewn-in karabiners make it easy to assemble your Crankit components how you choose, giving you the ultimate versatility.

### INDUSTRIAL STRENGTH WEBBING

Load rated to over 1000 kg and sewn together with bonded nylon thread - you'll break before it does!



### NON-SLIP LOW PROFILE ADJUSTERS

New non-slip low profile buckle inspired by rock-climbing technology, with Tensile Resistance Mechanism - guaranteed to never slip under load.

### DURABLE RUBBER GRIP HANDLES

New commercial grade easy clean, non-slip, textured rubber handles designed to help you grip better.

## CRANKIT'S MODULAR SYSTEM WITH DUAL ANCHOR POINTS MEANS YOU CAN:

- Put the straps together in many different ways to suit the training environment or the training needs of your members
- Widen or increase the height of your anchor points to bring more variety to your suspension training programmes and change the muscle groups being worked
- Avoid straps being too close to the user's neck which can cause rubbing or "sawing" when performing certain exercises
- Perform hanging exercises
- Deliver over 60 exercises that can't be done with competitive products.



## TRAINING

Crankit products are supported by comprehensive training, including online resources that you can access any time to ensure you, your PTs and your members get the most out of this extremely versatile suspension training solution.

**"Best suspension straps available! I prefer these much better than TRX, they last longer and I can do more with them."** Crankit PT and user

## WARRANTY INFORMATION

Crankit suspension straps are made to last and are covered by an industry leading warranty.